Kenyon-Wanamingo MS/HS Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

April 2024

FRIDAY LTO 1 No School 2 3 4 5 **HOM Asparagus** BBQ Pulled Pork Sandwich Chicken Banh Mi Sandwich Pasta with Meat Sauce French Toast Sticks Roasted Asparagus Sausage Patty Grilled Ham & Cheese Whole Grain Dinner Roll Strawberry Topping Cheese Pizza Sandwich Sausage Pizza Cheese Pizza Hamburger on a Bun Pepperoni Pizza Turkey BLT Wrap Sausage Pizza Turkey BLT Wrap Pepperoni Pizza Turkey Cranberry Wrap Crispy Chicken Salad Crispy Chicken Salad Turkey BLT Wrap Crispy Chicken Salad LTO HOM HOM 10 11 12 BBQ Pulled Pork Sandwich Goulash Lasagna Rollup with Sauce Hamburger Gravy Egg Roll Pork/Veg 1.5oz frozen Kettle Potato Chips Garlic Toast Mashed Potatoes Garlic Toast Whole Grain Dinner Roll Brown Rice HOM - Roasted Broccoli Cheese Pizza Crispy Chicken Sandwich Turkey BLT Flatbread Sausage Pizza Cheese Pizza Hamburger on a Bun Ham Deli Sandwich Pepperoni Pizza Sausage Pizza Ham Deli Sandwich Pepperoni Pizza Ham Deli Sandwich Ham Deli Sandwich Chef Salad HOM - Grapefruit Orange Chef Salad Ham Deli Sandwich Chef Salad Coleslaw Chef Salad Chat Calad HOM LTO 16 19 BBQ Pulled Pork Sandwich Orange Chicken Chicken & Gravy Chicken Banh Mi Sandwich Pasta with Meat Sauce Whole Grain Dinner Roll Mashed Potatoes Coleslaw **Brown Rice** Whole Grain Dinner Roll Chicken Bacon Alfredo Crispy Chicken Sandwich Cheese Pizza Flatbread Hamburger on a Bun Cheese Pizza Sausage Pizza Honey Mustard Ham Wrap Pepperoni Pizza Honey Mustard Ham Wrap Pepperoni Pizza Honey Mustard Ham Wrap Sausage Pizza Craving Chicken Salad Craving Chicken Salad Craving Chicken Salad Craving Chicken Salad Honey Mustard Ham Wrap Hamburger on a Bun Honey Mustard Ham Wrap Craving Chicken Salad LTO 22 23 24 26 Hot Ham & Cheese Flatbread French Toast Sticks Salsa Chicken Bowl Goulash Pork & Gravy Sausage Pizza Garlic Toast Cilantro Lime Rice Mashed Potatoes Buffalo Chicken Wrap Whole Grain Dinner Roll Crispy Chicken Sandwich Cheese Pizza Cheese Pizza Sausage Pizza Southwest Chicken Salad Sausage Pizza Bacon Cheeseburger on a Bun Buffalo Chicken Wrap Pepperoni Pizza Pepperoni Pizza Buffalo Chicken Wrap Southwest Chicken Salad Buffalo Chicken Wrap Buffalo Chicken Wrap Southwest Chicken Salad Southwest Chicken Salad Southwest Chicken Salad 30 1 29 Beefy Nachos w/Cheese Sauce Lasagna Rollup with Sauce Garlic Toast Refried Beans Cheese Pizza Sausage Pizza Pepperoni Pizza Crispy Chicken Sandwich Turkey Ham Deli Sandwich Chef Salad Chef Salad Turkey Deli Sandwich

 Regular
 \$0.00

 Reduced
 \$0.00

 Adult
 \$4.95

 Extra Entree
 \$2.05

 Extra Milk
 \$0.80

Milk choice of 1% White, Chocolate Skim, or Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions or comments, contact Melissa Jandro at 507-789-7024 or email mjandro@kw.k12.mn.us



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